



HLT52015 Diploma of Remedial Massage Course Overview

Course Introduction

This Nationally Recognized Diploma level course is designed to make your career as a professional Massage Therapist as successful and sustainable as possible. The course embraces a good grounding in western massage techniques and theory, as well as a wide range of professional Remedial Massage approaches.

Graduates enjoy the ability to offer a wider variety of techniques to their patients to achieve the best result. Some of the Eastern massage techniques (such as the use of Trigger Points) offer a less strenuous, more sustainable and more effective way to physically treat people. People have benefited from different massage skills for thousands of years and these methods can easily be incorporated within a massage treatment. Working smarter for a better patient outcome leads to a long-term successful career as a Massage Therapist.

Course Duration:

One Year Full Time

Mode of Delivery

Face to face on campus. Methods of teaching include:

- Lecture
- Tutorial
- Demonstration
- Class activities
- Observation
- Clinical supervision

Classes



Theory part classes are taught by experts with qualification and work experience in this field. In order to support theory part learning, students will be required to attend clinical practice class for up to 270 hours before successful completion of the course. They are expected to practice comprehensive skills and knowledge, which include clinical counseling skills, physical assessment and remedial treatment procedures on each other or on patients under supervision of qualified facilitator. This is conducted with respect for privacy, cultural and religious differences. Students are also required to be aware of legal and ethical compliance, clinical hygiene and infection control, workplace health and safety etc.

Assessment

Some units may require theory part assessment, practical assessment, quizzes, assignments, essay, case scenarios or presentation. A minimum of 80% of attendance is required for successful completion of each unit.

Professional Recognition

Graduates from the college will be practice legally in Australia as a professional massage therapist. They may choose to join any one of the professional associations and seek professional recognition.

AMT (association of massage therapists)

Chinese Medicine and Acupuncture Society of Australia (CMASA)



Fix Australia
HLT52015 Diploma of Remedial Massage
Course Structure

Unit	Subjects	Hours	Fees
1	Anatomy and Physiology	120	1200
2	Massage Practice in Australian Health Care	40	450
3	Counseling Skills	60	650
4	Introduction to Massage	80	650
5	Pathology	70	650
6	Massage Assessment and protocols	80	650
7	Practice Management	80	650
8	Business plans	40	450
9	Work Health and Safety	30	350
10	First Aid	30	140
11	Kinesiology	60	650
12	Remedial Massage Theory and Practice 1	60	650
13	Massage for Different Needs	60	650
14	Remedial Massage Theory and Practice 2	60	650
15	Food as Medicine	40	450
16	Sports Massage	60	650
17	Sports Nutrition	40	450
18	Remedial Massage Student Clinic	270	650
	Total	1280	10640